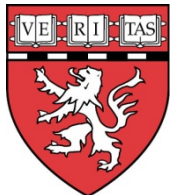


Vitamin E Stabilization of Radiation Cross-linked UHMWPE by Diffusion

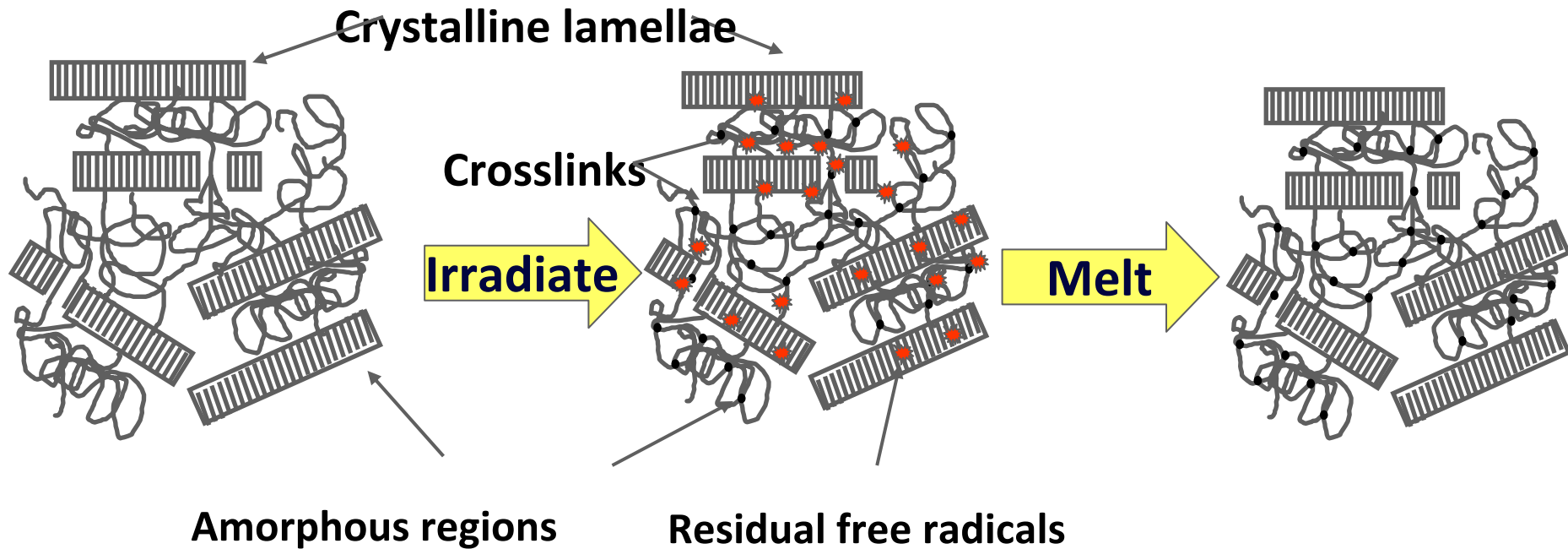
Ebru Oral, PhD

Harris Orthopaedic Biomechanics and Biomaterials Laboratory
Massachusetts General Hospital/Harvard Medical School
Boston, MA

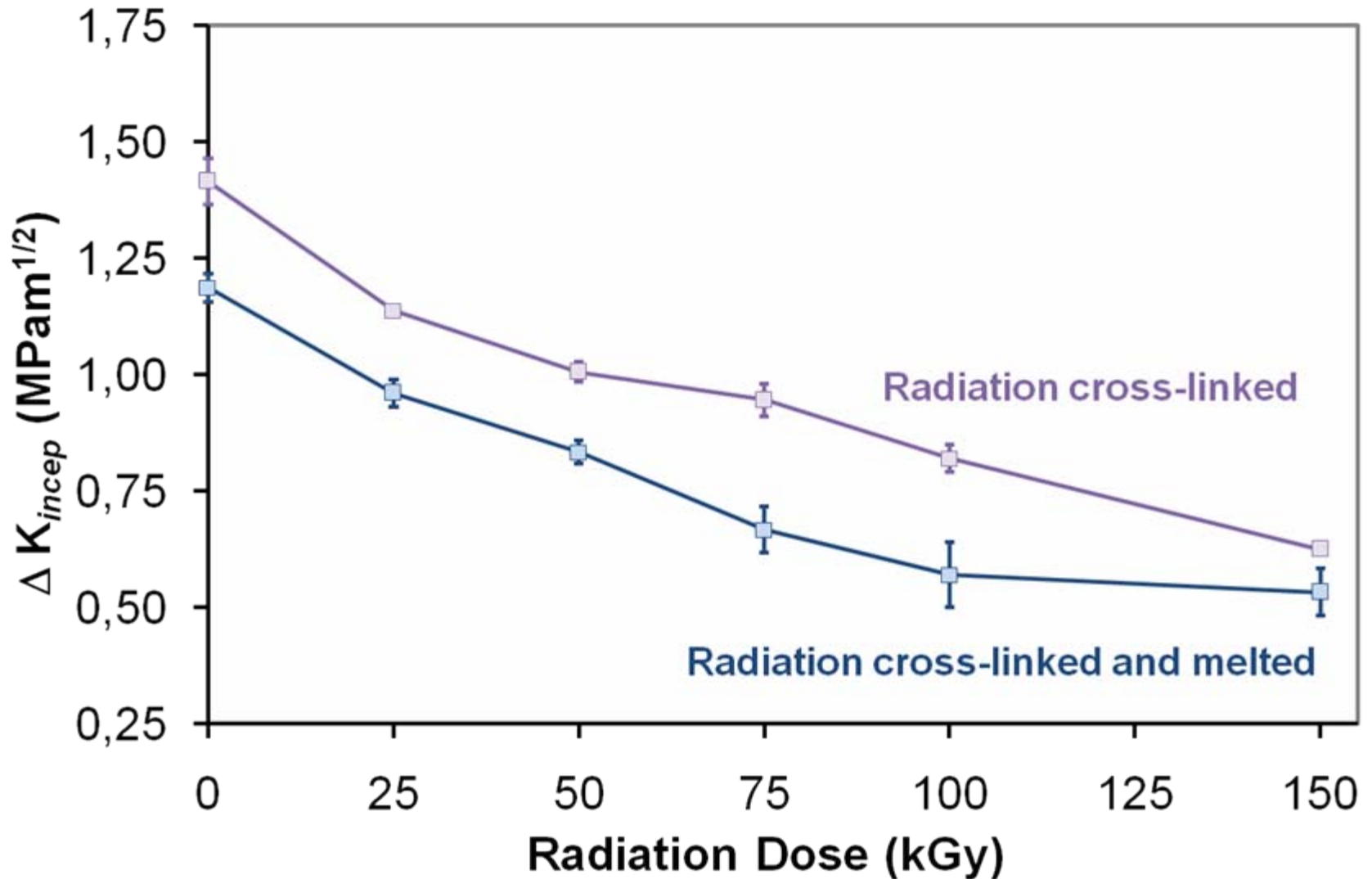
eoral@partners.org



Mechanisms of mechanical property loss in radiation cross-linked and melted UHMWPE



Fatigue strength decrease in cross-linked and UHMWPE



Oral et al. Mechanisms of decrease in fatigue crack propagation resistance in irradiated and melted UHMWPE Biomaterials 27: 917-925 (2006)

Mechanisms of mechanical property loss in radiation cross-linked and melted UHMWPE

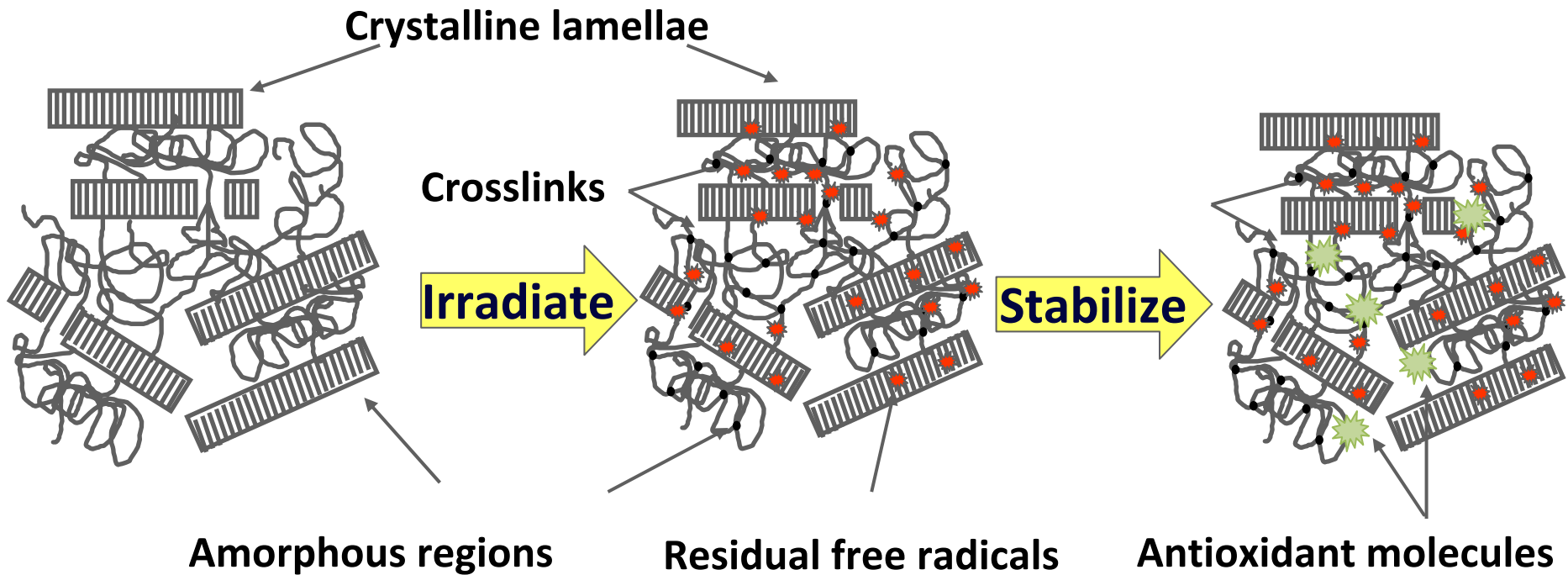
	Crystallinity (%)	Elongation-to-break (%)
Unirradiated	63±2	481±40
100-kGy irradiated	69±1	214±7
100-kGy irradiated and melted	58±1	233±16

→ Reduction in plasticity during cross-linking

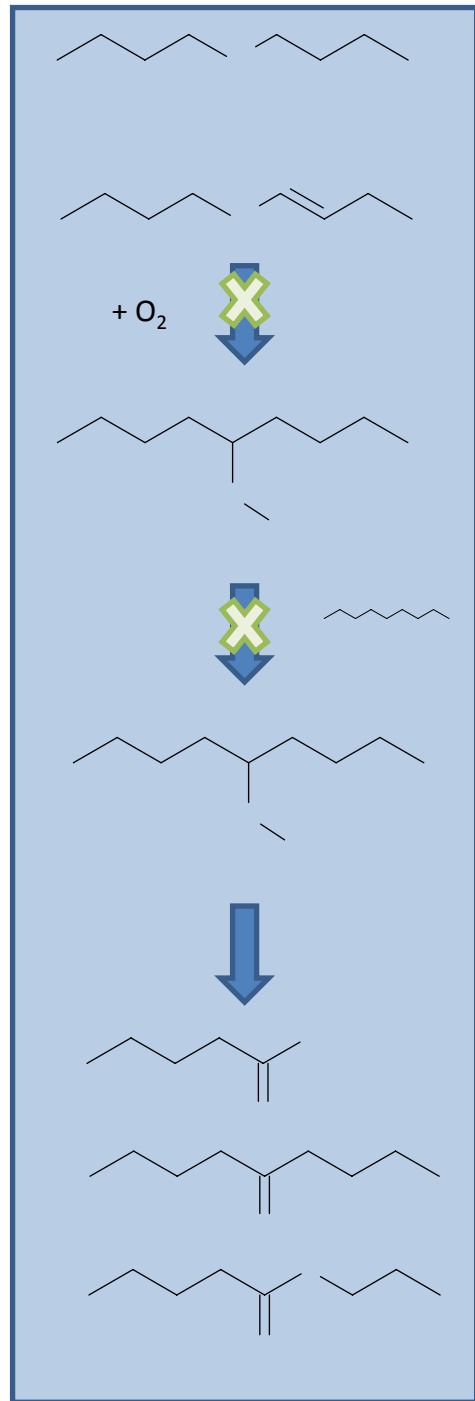
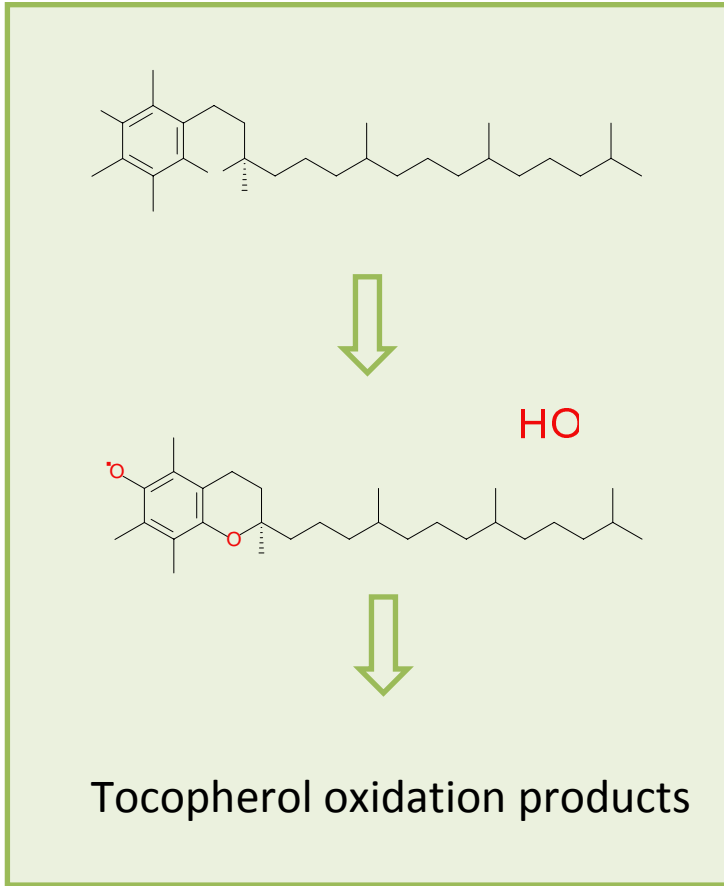
→ Reduction in crystallinity during post-irradiation melting

Antioxidant Stabilization of UHMWPE

Goal: To stabilize against free radicals without post-irradiation melting and the associated mechanical property loss



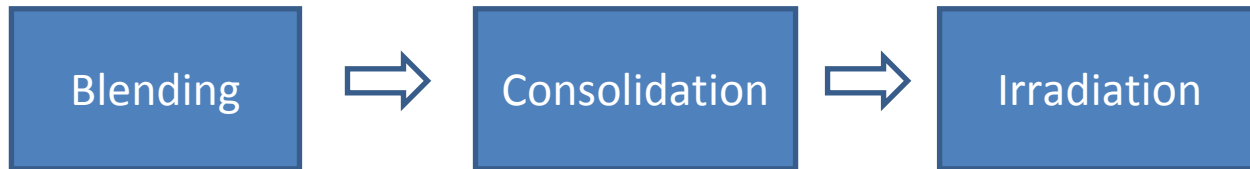
Vitamin E (Chain breaking antioxidant)



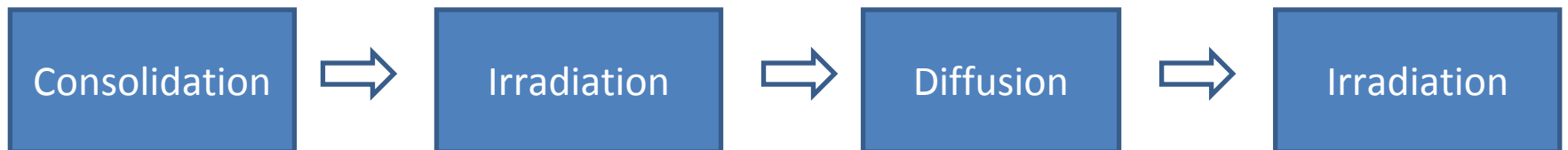
O

Alternative Vitamin E Incorporation Methods

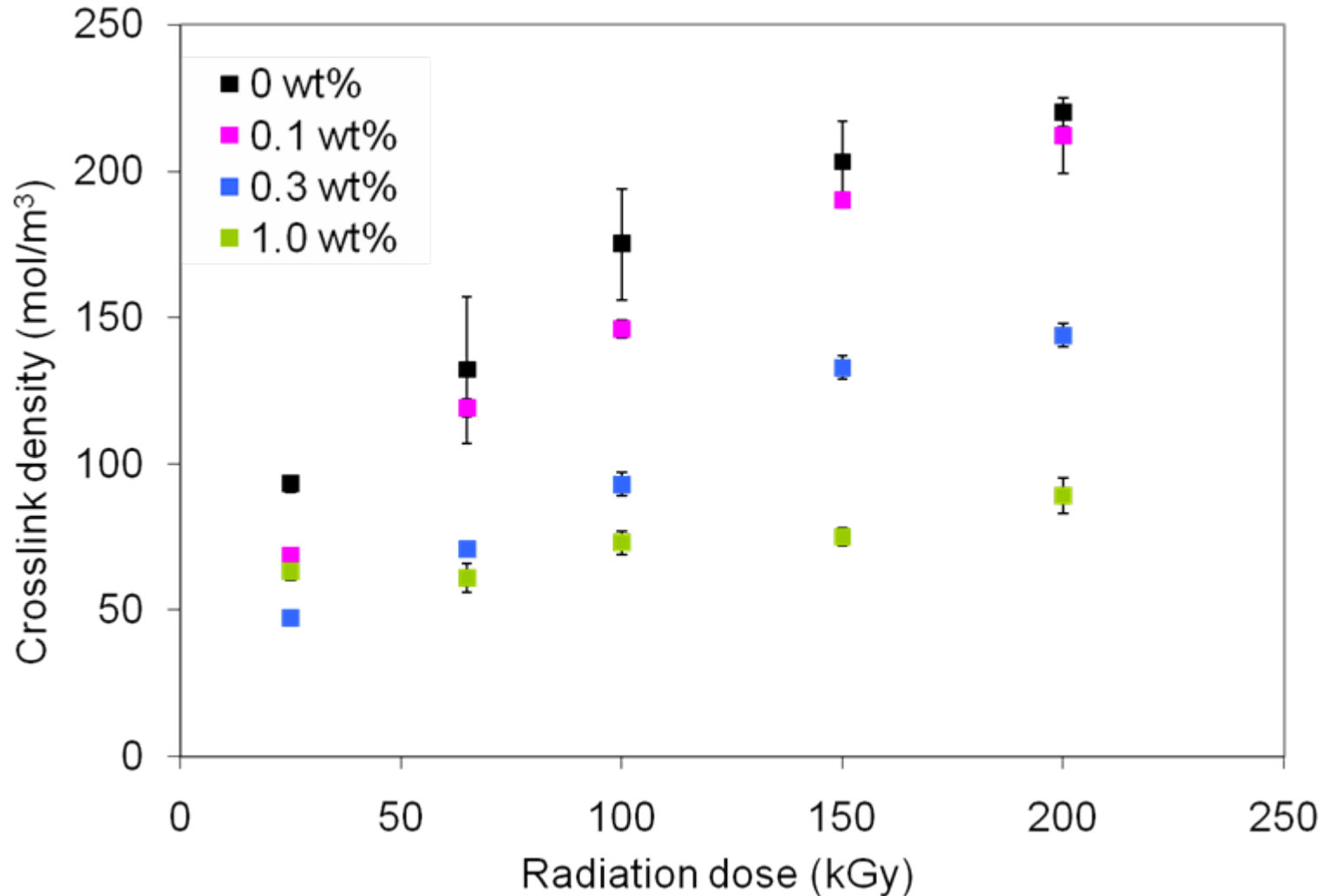
Pre-consolidation Blending



Post-irradiation Diffusion



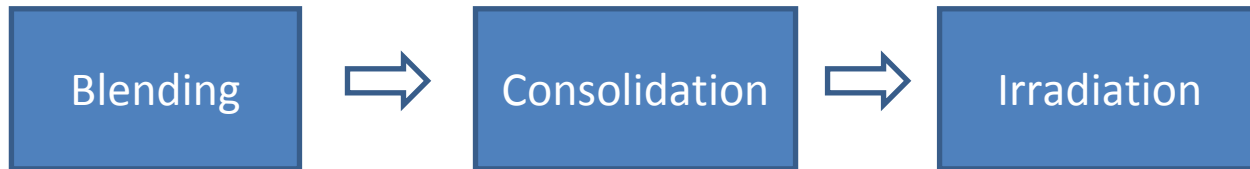
Cross-link density saturation in cross-linked UHMWPE



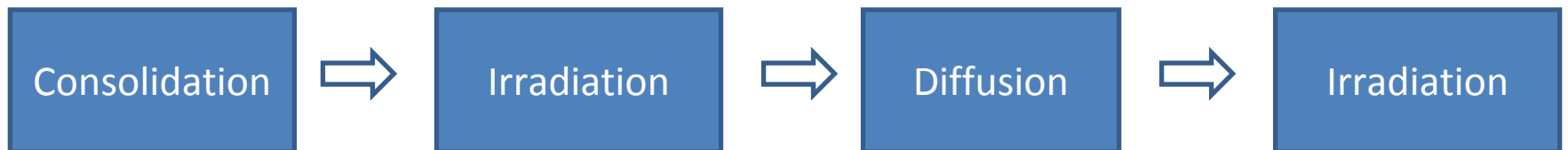
Oral et al. Characterization of irradiated blends of alpha-tocopherol and UHMWPE. *Biomaterials* 26: 6657-6663 (2005)
Oral et al. The effects of high dose irradiation on the crosslinking of vitamin E-blended UHMWPE. *Biomaterials* 29: 3557-3560 (2008)

Alternative Vitamin E Incorporation Methods

Pre-consolidation Blending



Post-irradiation Diffusion





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Biomaterials 25 (2004) 5515–5522

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α -Tocopherol-doped irradiated UHMWPE for high fatigue resistance and low wear

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Orhun K. Muratoglu^{a,b,*}

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Diffusion of vitamin E in ultra-high molecular weight polyethylene

Ebru Oral^{a,b}, Keith K. Wannomae^a, Shannon L. Rowell^a, Orhun K. Muratoglu^{a,b,*}

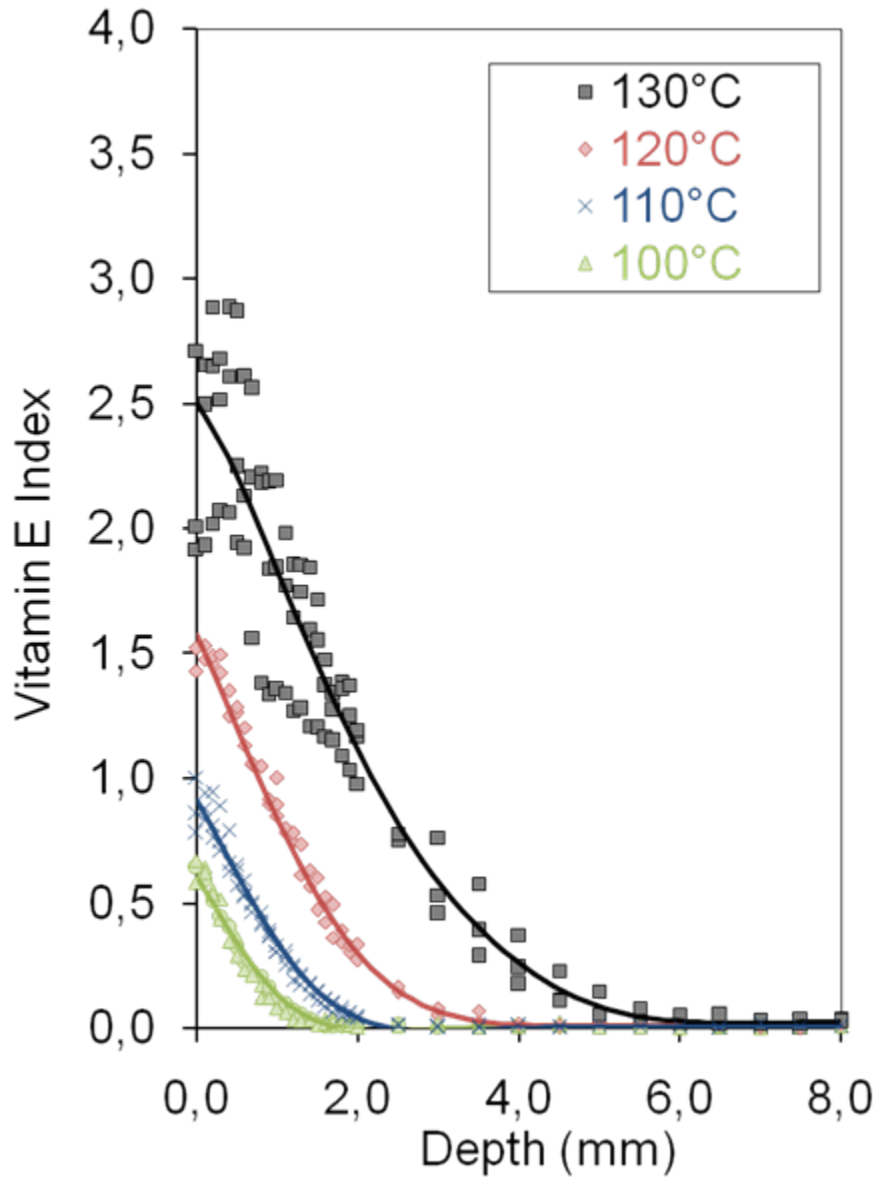
^a*Department of Orthopaedic Surgery, Massachusetts General Hospital, 55 Fruit Street, GRJ-1206, Boston, MA 02114, USA*

^b*Harvard Medical School, 25 Shattuck Street, Boston, MA 02115, USA*

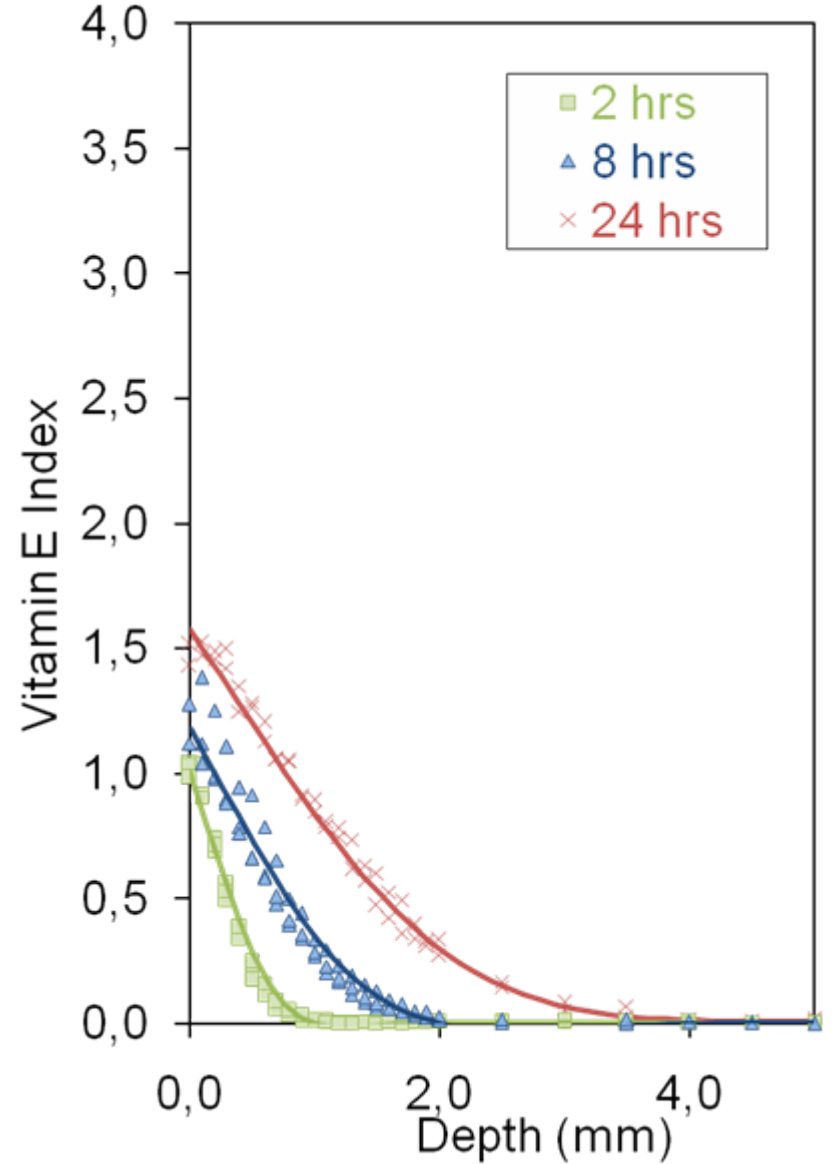
Received 2 July 2007; accepted 19 August 2007

Available online 19 September 2007

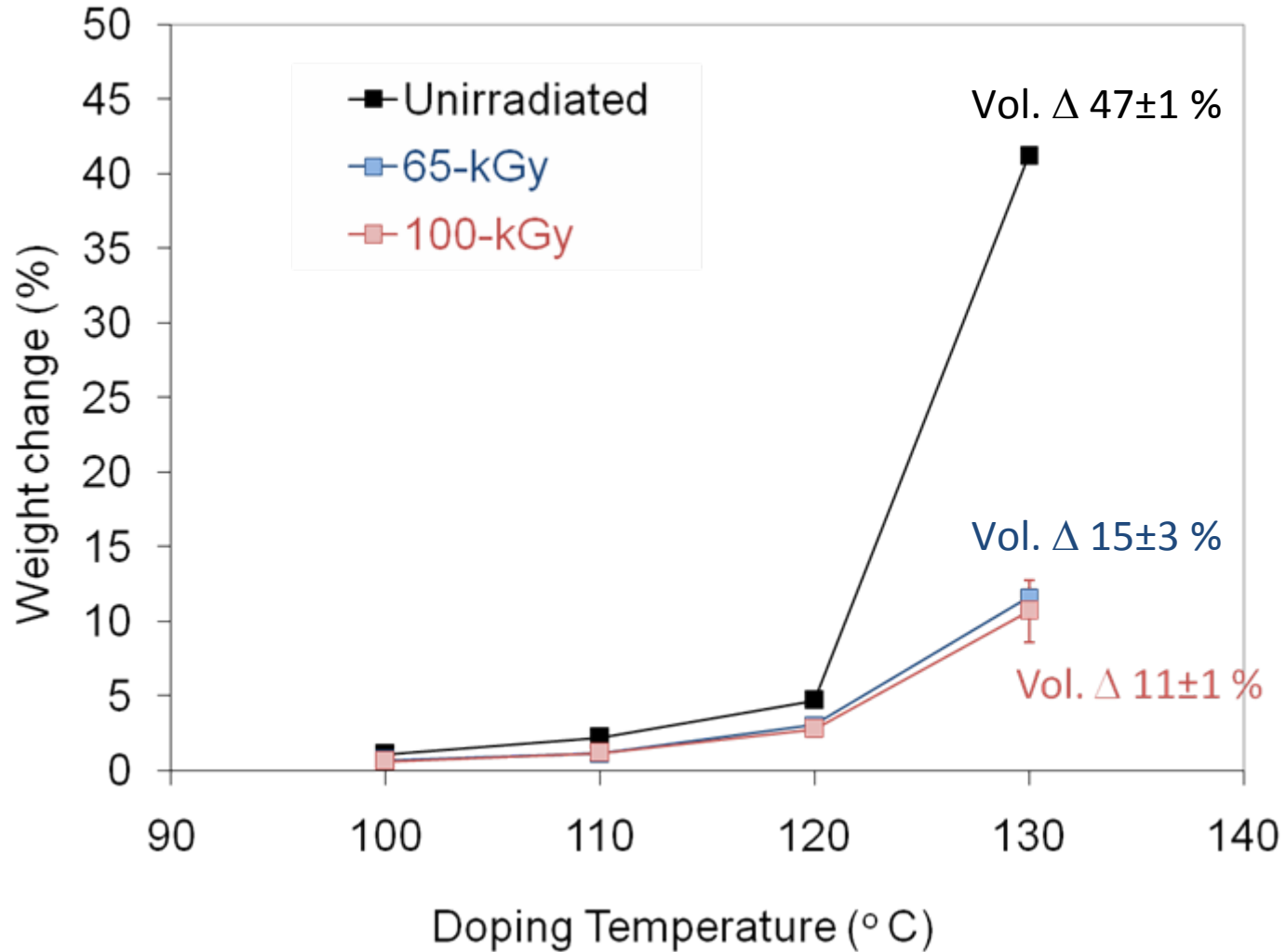
Effect of temperature on diffusion (24 hours)



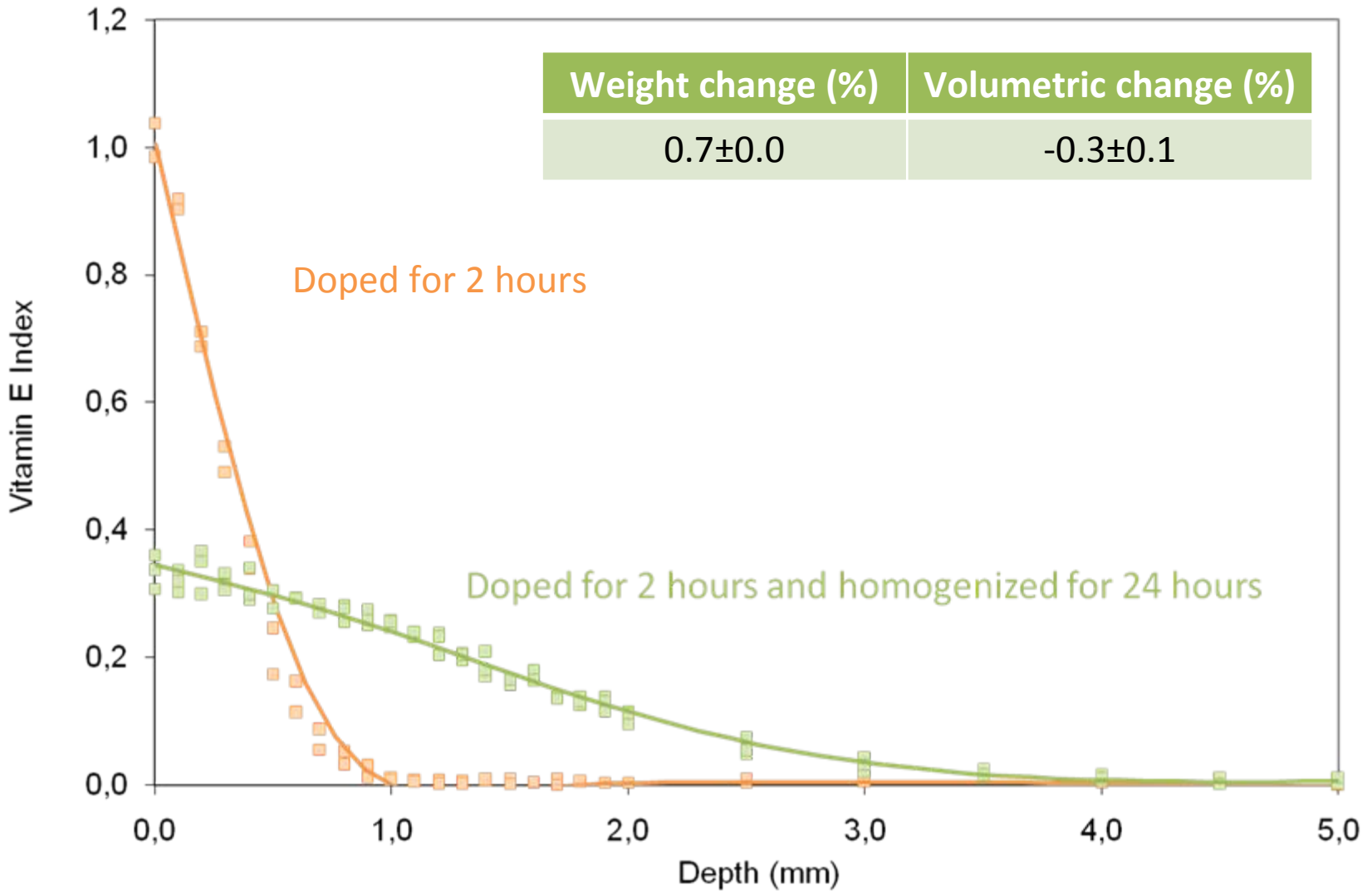
Effect of time on diffusion (120°C)



Diffusion into finished components



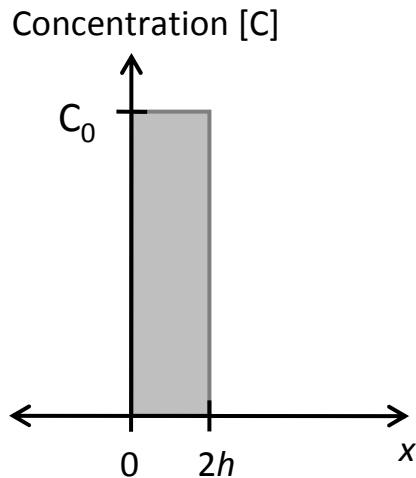
Diffusion and Homogenization



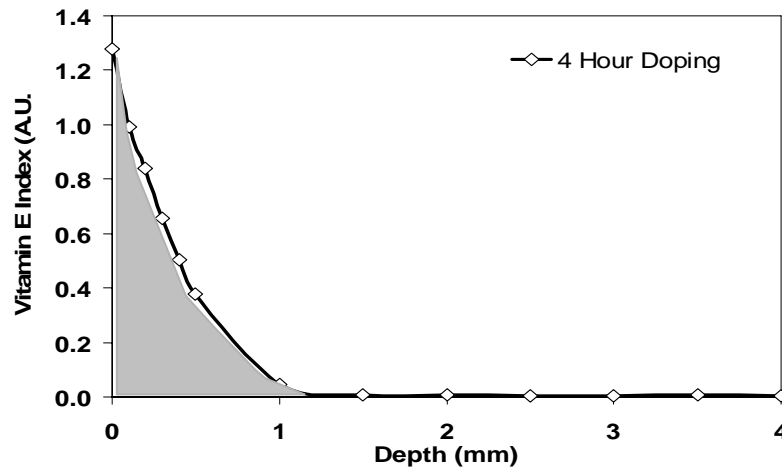
Analytical Model of Homogenization

$$C(x,t) = \left(\frac{C_0}{2}\right) \left[\operatorname{erf}\left(\frac{h-x}{2\sqrt{Dt}}\right) + \operatorname{erf}\left(\frac{h+x}{2\sqrt{Dt}}\right) \right] \quad \Rightarrow \quad C(x,t) = (C_0) \left[\operatorname{erf}\left(\frac{h-x}{2\sqrt{Dt}}\right) + \operatorname{erf}\left(\frac{h+x}{2\sqrt{Dt}}\right) \right]$$

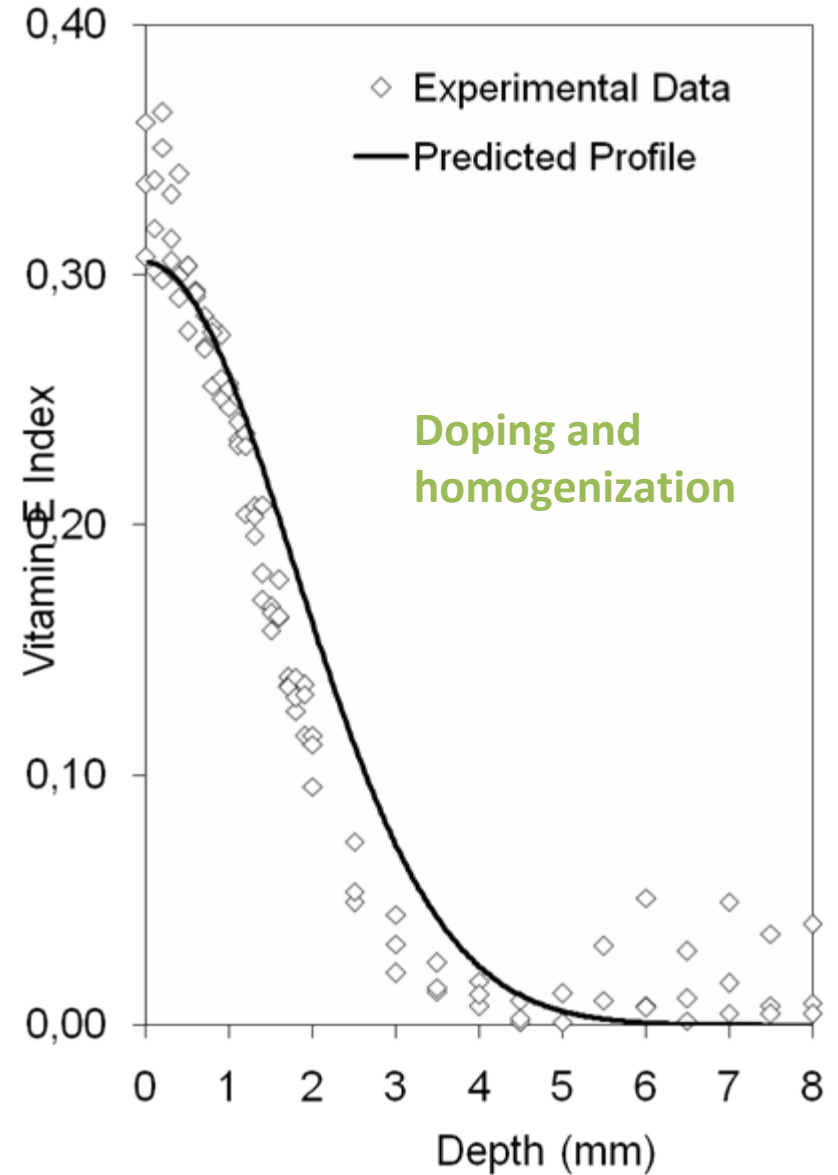
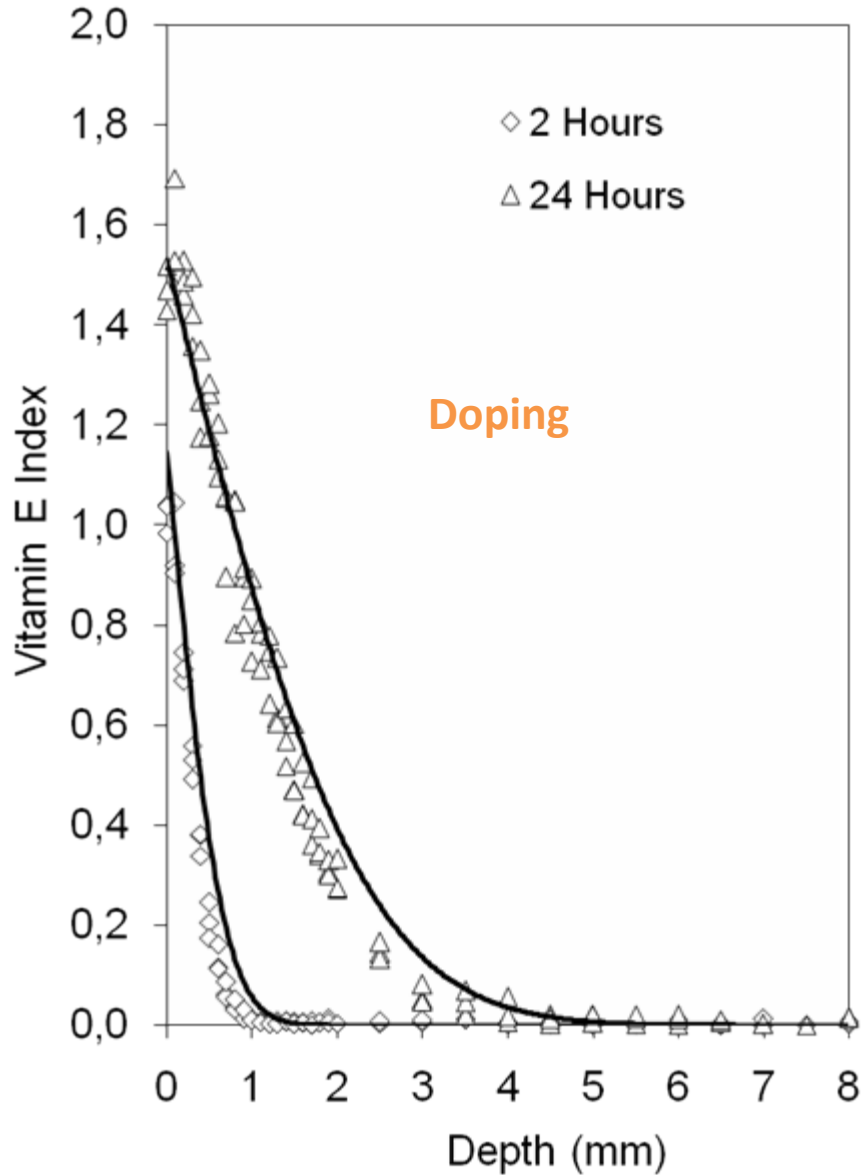
Idealized



Actual



Analytical Model of Homogenization

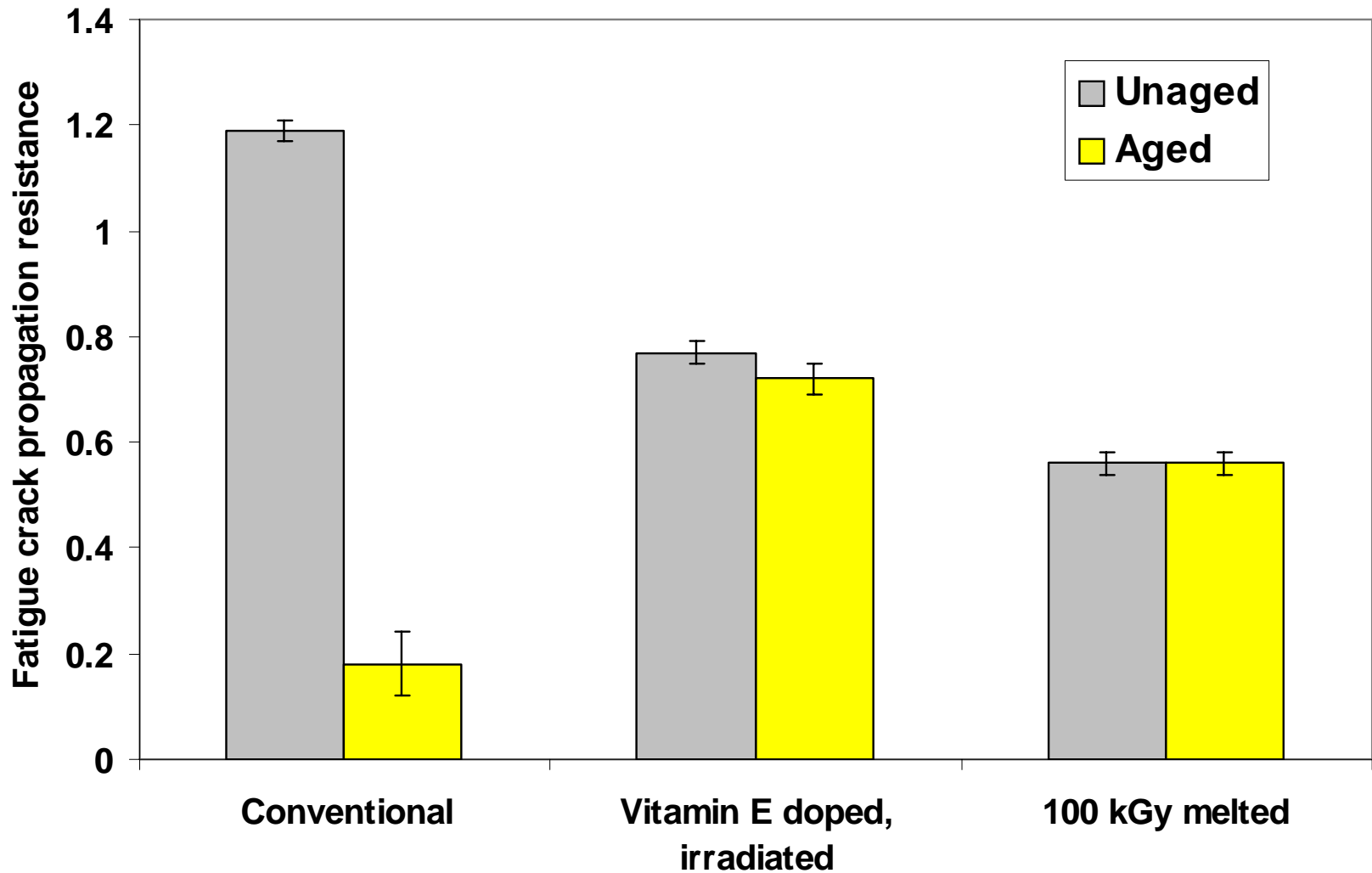


$$\chi^2 \approx 0.8$$

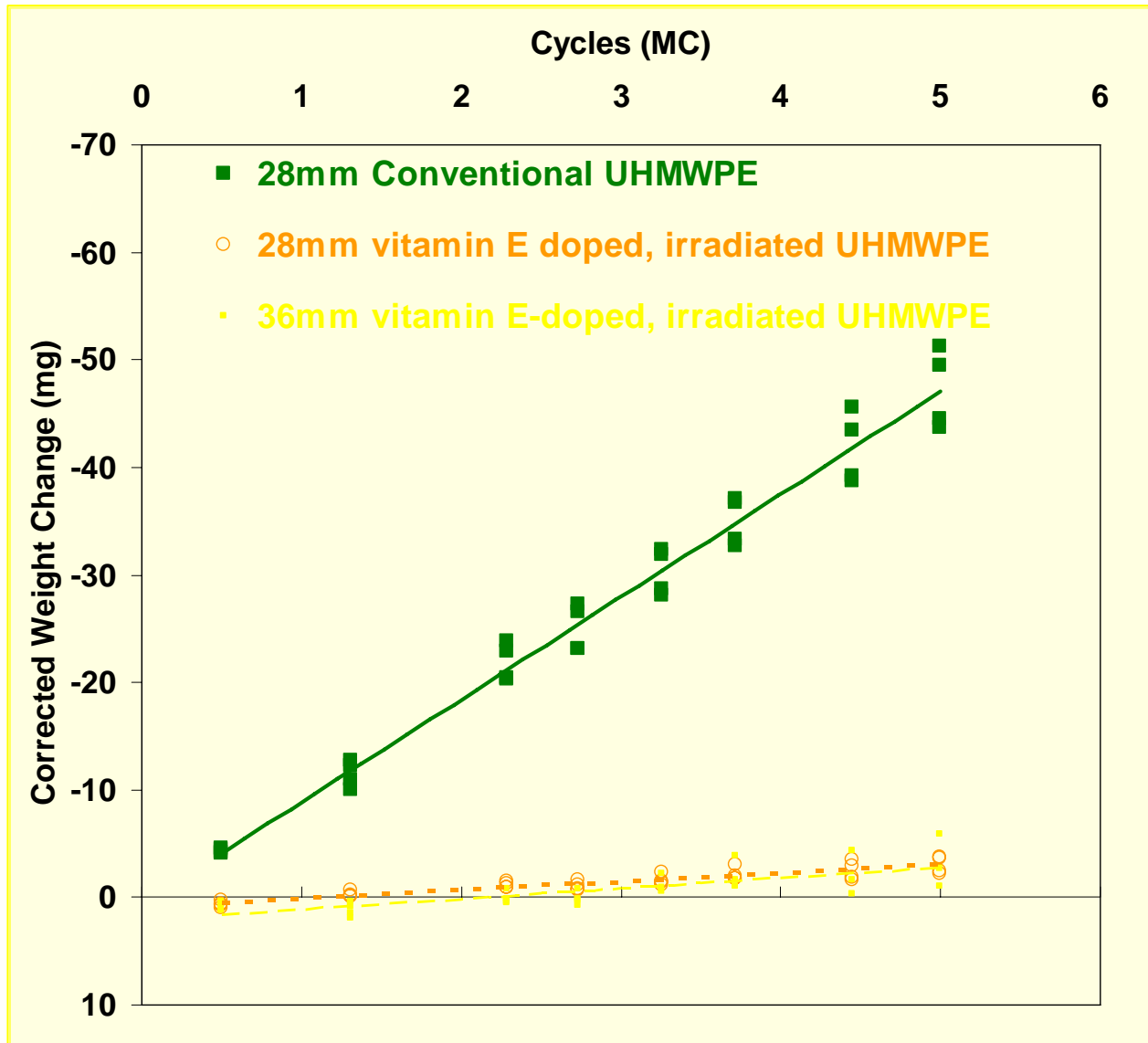
Mechanical Properties

	Gamma Sterilized UHMWPE	85-kGy vitamin E doped, homogenized and gamma sterilized	100 kGy Melted*
UTS (MPa)	52±5	46±3	33±3
e _b (%)	347±35	230±9	245±10
Crystallinity (%)	68±2	71±2	59±2

Fatigue Properties



Hip Wear



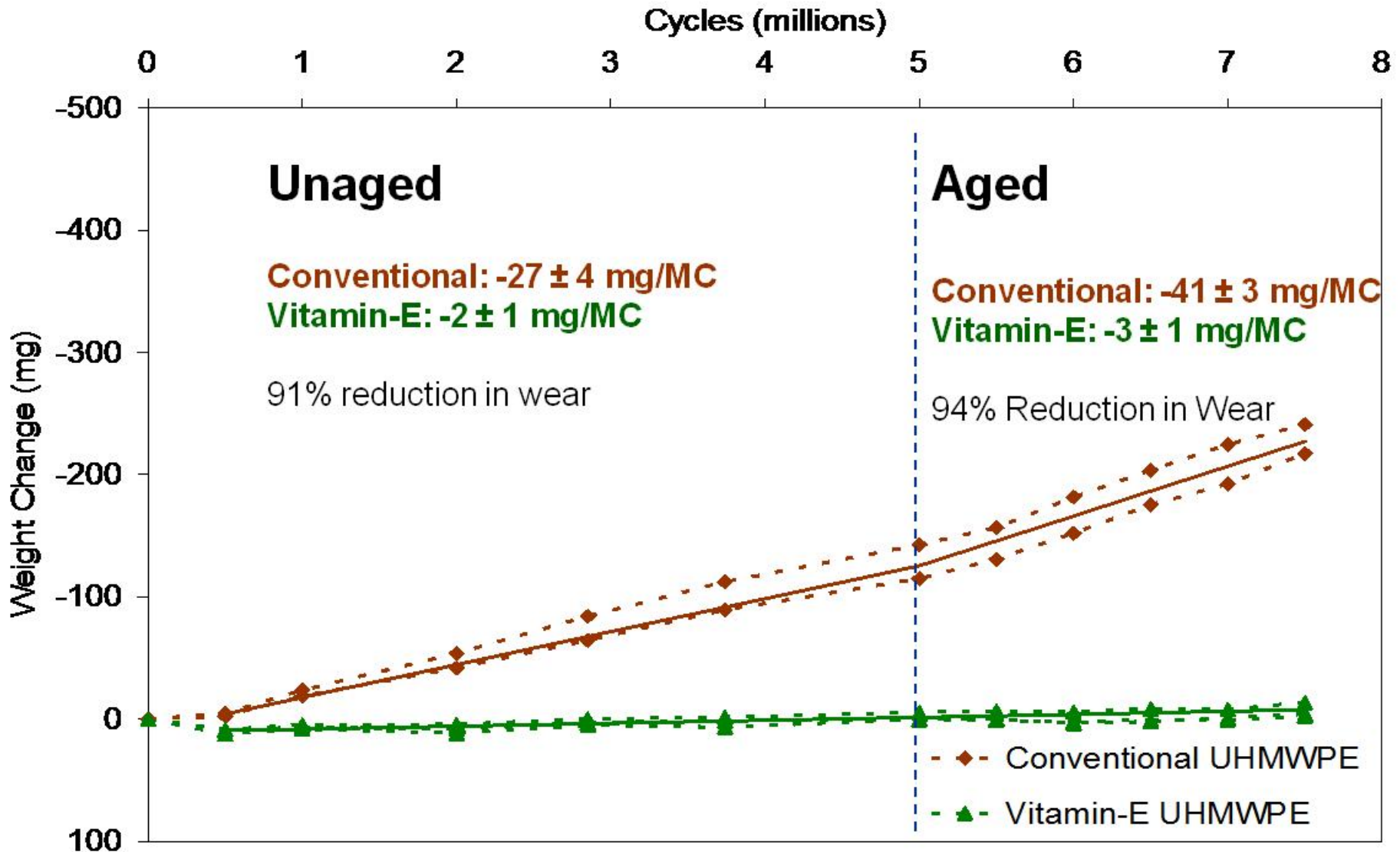
10 ± 1 mg/MC

1 ± 1 mg/MC

1 ± 2 mg/MC

Oral et al. Wear resistance and mechanical properties of highly crosslinked UHMWPE doped with vitamin E. Journal of Arthroplasty 21: 580-591 (2006)

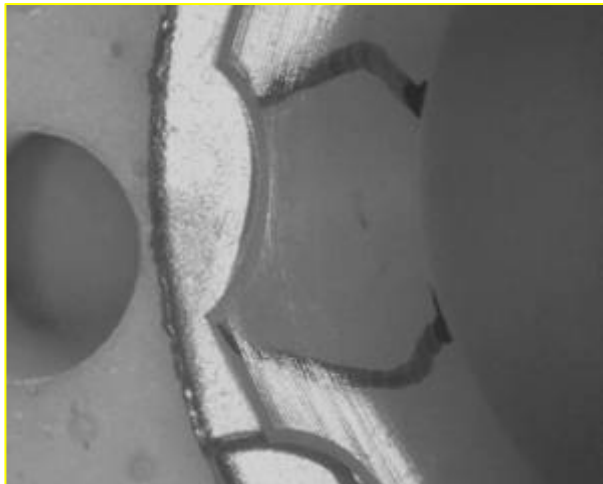
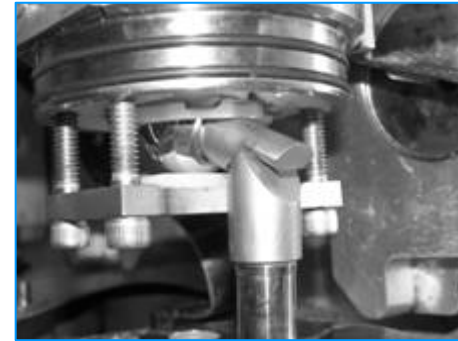
Knee Wear



Rim Impingement Fatigue Resistance



Conventional gamma
sterilized UHMWPE
28 mm



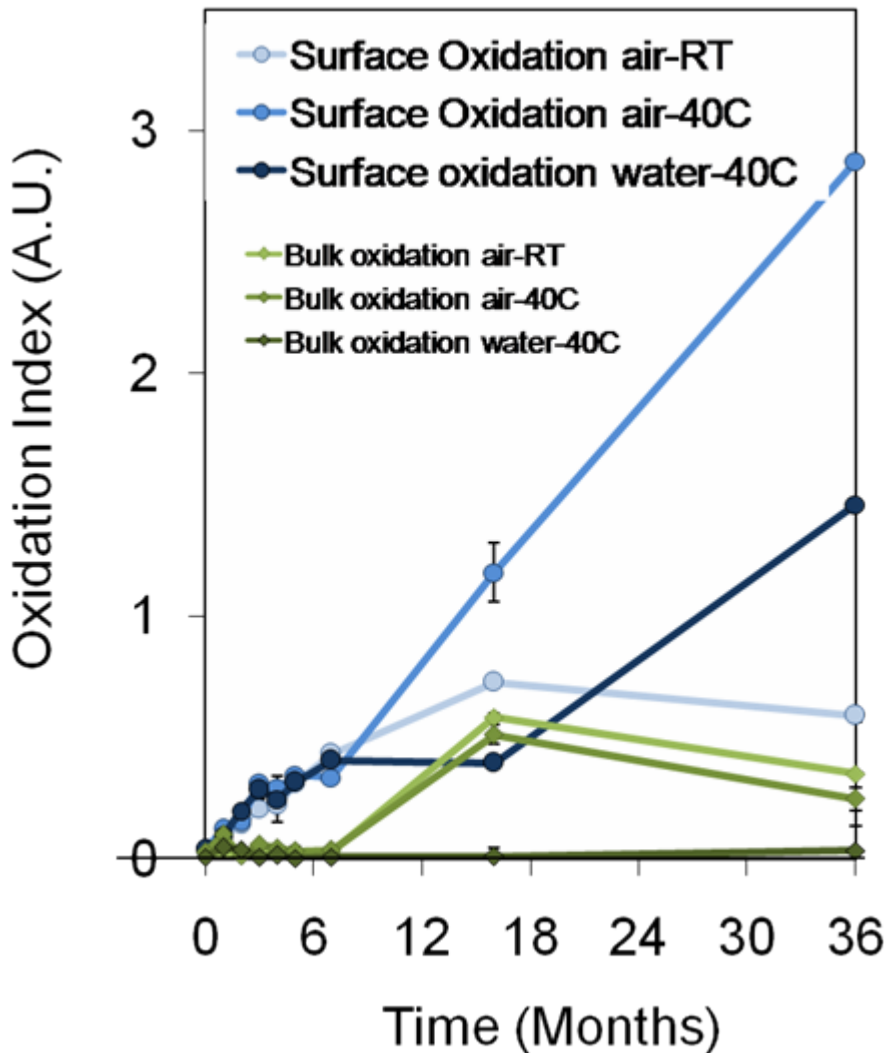
Vitamin E 28 mm



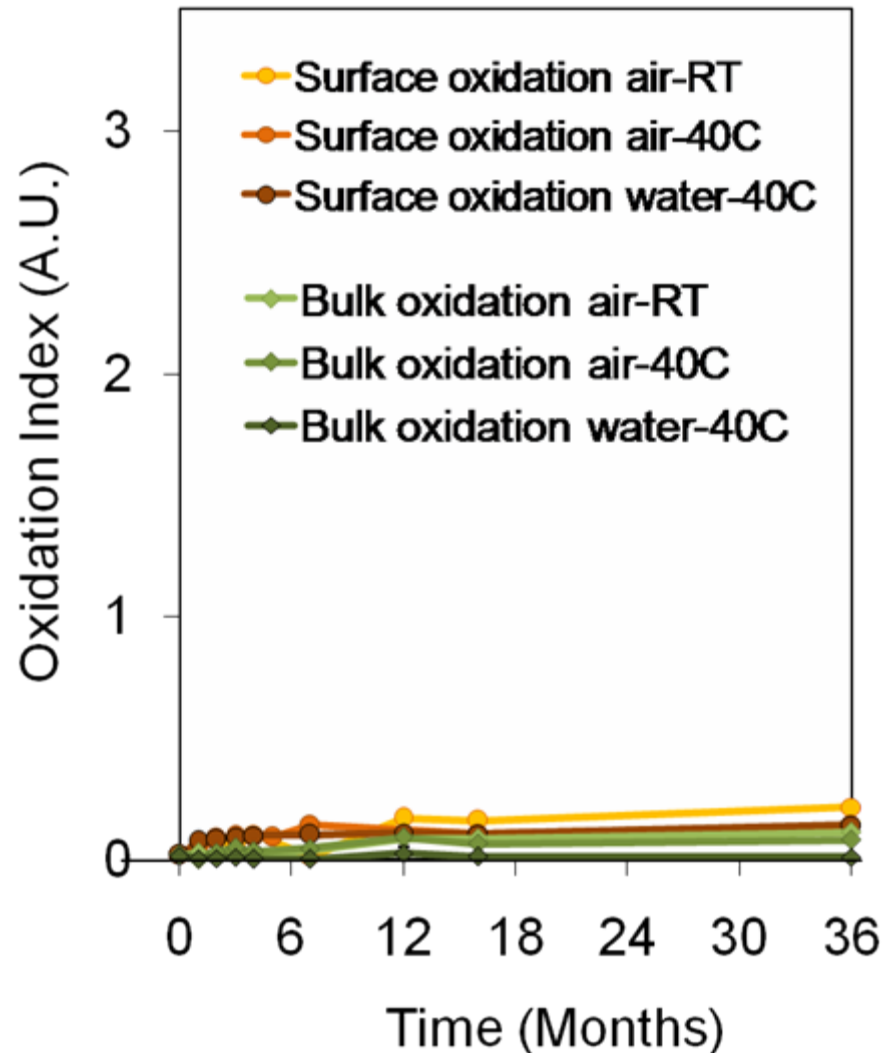
Vitamin E 40 mm

Real-time aging of vitamin E-stabilized, irradiated UHMWPE

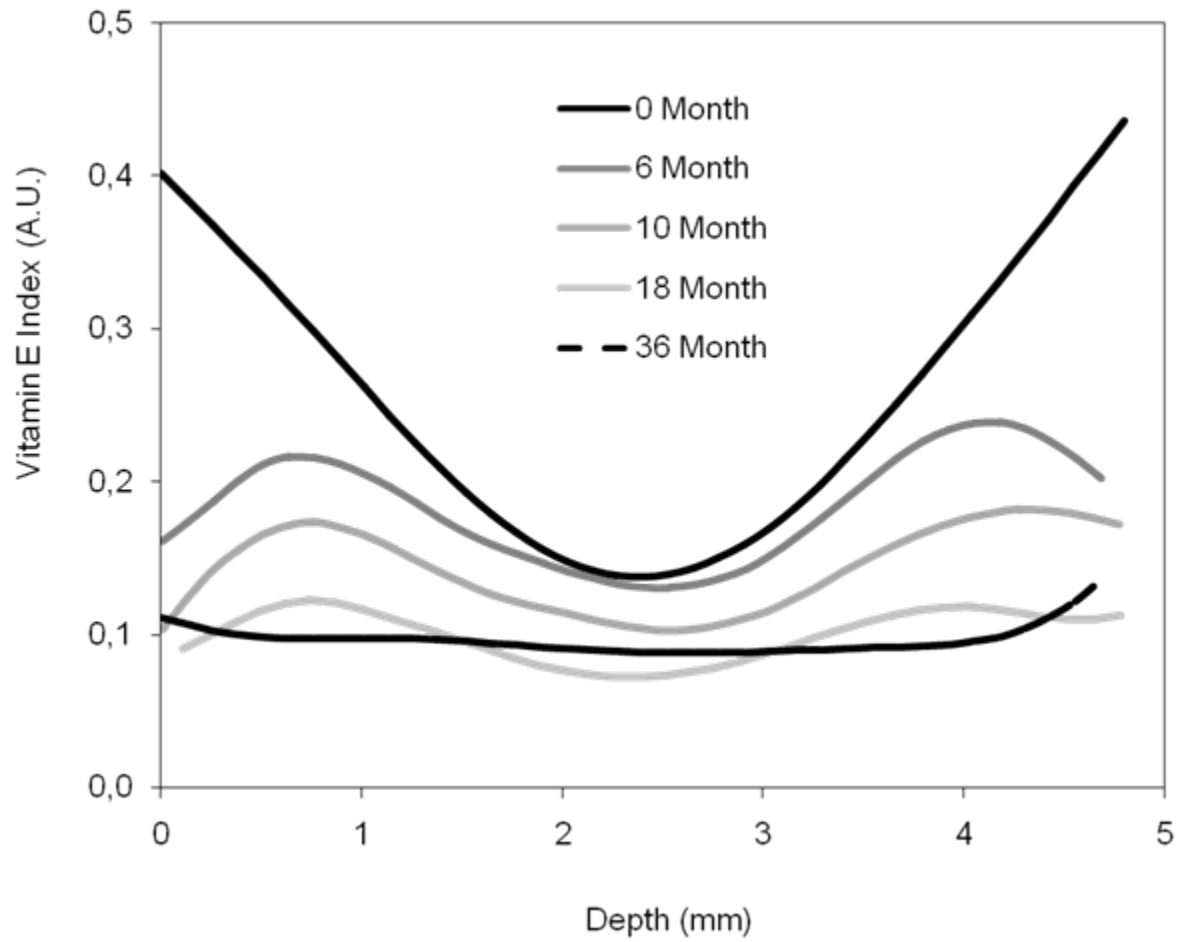
Unstabilized, irradiated



Vitamin E-stabilized, irradiated



Oral et al. The effect of alpha-tocopherol on the oxidation and free radical decay in irradiated UHMWPE. *Biomaterials* 27: 5580-5587 (2006)



Effect of Vitamin E on Peri-prosthetic Tissue

- Emulsified injections (up to 10mg) of vitamin E into the knee joints of rabbits showed that there was no inflammation at 12 weeks.
- Vitamin E-stabilized, irradiated UHMWPE plugs implanted into rabbits subcutaneously did not cause chronic inflammation at 12 weeks.
- Canine hip implants prepared with a high surface concentration or uniform concentration (~0.7 wt%) did not detrimentally affect bony ingrowth or chronic inflammation at 3 months.

Conclusions

- Post-irradiation diffusion stabilization of UHMWPE was used to avoid the hindrance of vitamin E in cross-linking UHMWPE.
- Diffusion was achieved by using high temperature doping followed by high temperature homogenization without dimensional stability changes and with fine control of the amount of antioxidant.
- Vitamin E-diffused, irradiated UHMWPE showed lower wear compared to conventional UHMWPE and fatigue resistance higher than irradiated and melted UHMWPE.
- Vitamin E does not appear to have detrimental effects on peri-prosthetic tissue in animal studies.