

SpineAlign: Stabilization Device to Enhance Success Rates of Horizontal Lumbar Punctures in Pediatric Patients

Hriti Chauhan, Rose Emily Garzon, Anusha Shinde, Griffin Stein | Advisors: Dr. Jaimie Dougherty, Dr. Pramath Nath

Need

- Lumbar puncture (LP):** Needle insertion procedure to collect CSF in the intervertebral spinal area for meningitis diagnostic testing (**50% of neonates**)
- Failure rate is **40–50%** [1]
- Increase LP success for conclusive diagnosis and treatment



Existing Solution Limitations

- Smoltap stabilizes infants ≤ 2 months but is limited to a fixed vertical angle [2]
- Most physicians are trained in horizontal orientation






Objective

Stabilization device for horizontal LPs that:

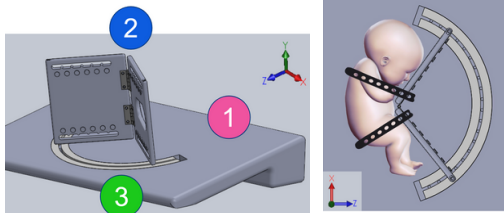
- ✓ Is adjustable for infants from 0–6 months of age
- ✓ Provides an adequate amount of spinal curvature to increase intervertebral space while not obstructing airway
- ✓ Keeps the infant immobilized for the entire duration of the procedure (~30 mins)

Design Inputs

Achieved Curvature	$\leq 140^\circ$	
Strap Stability	10 N	
Airway Obstruction Prevention	Prevent Asphyxiation	
Switch Orientations		Left Right

Design

Solution



- Angled Base**
 - Elevate patient's back for increased comfortability during LP; padded with neoprene rubber
- Reversible Infant Support Piece – Upper and Lower**
 - Flex patient's spine from 0–140°
 - Immobilize infant for duration of LP with straps
 - Air hole to avoid asphyxiation; padded with neoprene rubber
- Railings**
 - Enables user to modify the device's angle and lock it there to maximize safety

Build



Verification Testing

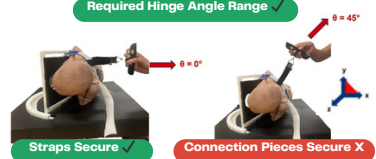
Hinge Test (V1)

- Ensures device expands from $5^\circ \pm 5^\circ$ to $140^\circ \pm 5^\circ$



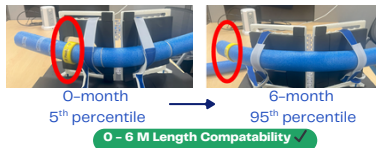
Stability Test (V2)

- Ensures device withstands 10N of intermittent force at varying angles for 30 min



Length Test (V3)

- Ensures device compatibility with the 5th to 95th percentile of infant heights up to 6 months



Accomplishments

- Adjustment of lumbar angle from 0–140° compared to fixed angle of 140° in existing solution
- Extended patient population addressed (0–6 months)
- Horizontal patient positioning, more compatible with physician training

Future Revision

- Add locking mechanism to connection piece

Impact

- Improved horizontal LP success, reduced repeat procedures, and achieved conclusive diagnosis and treatment

Acknowledgements & References

Special thanks to our advisors, Dr. Jaimie Dougherty and Dr. Pramath Nath, and to DrExcel Health!

- [1] Roehr, C. C., et al. (2023). Techniques to increase lumbar puncture success in newborn babies: the NeoCLEAR RCT. Health Technology Assessment.
[2] Smoltap. "Infant Spinal Tap Solutions." Infant Spinal Tap | Smoltap, <https://www.smoltap.com/>

DEMO VIDEO

